



ONFC - Price Changes November 2018

UPC	Code	Brand	Description	Size	November CS WS	November SNGL WS	Diff	October CS WS	October SNGL WS	Comment
0-42272-90101-2	AMY031	Amy's Kitchen	Pizza - Cheese	8/369G	\$ 52.99		-8.10%	57.66		Decrease
0-42272-90103-6	AMY033	Amy's Kitchen	Pizza - Roasted Veg. / No-Cheese	8/340G	\$ 62.37		-8.21%	67.95		Decrease
0-42272-90104-3	AMY043	Amy's Kitchen	Pizza - Pesto Pizza	8/383G	\$ 60.83		-8.22%	66.28		Decrease
0-42272-90109-8	AMY047	Amy's Kitchen	Pizza - Mushroom & Olive	8/369G	\$ 52.99		-8.10%	57.66		Decrease
0-42272-90100-5	AMY048	Amy's Kitchen	Pizza - Rice Crust Cheese,	8/340G	\$ 70.44		-8.32%	76.83		Decrease
0-42272-90199-9	AMY049	Amy's Kitchen	Pizza - Margherita	8/369G	\$ 62.37		-8.21%	67.95		Decrease
0-42272-90176-0	AMY052	Amy's Kitchen	Bowls - Pesto Tortellini	12/269G	\$ 56.28		-8.22%	61.32		Decrease
0-42272-91062-5	AMY058	Amy's Kitchen	- Country Cheddar Bowl	12/269G	\$ 56.60		-9.84%	62.78		Decrease
0-42272-91067-0	AMY059	Amy's Kitchen	- Harvest Casserole Bowl	12/283G	\$ 56.60		-9.84%	62.78		Decrease
0-42272-91215-5	AMY061	Amy's Kitchen	- meatless pepperoni mac & cheese bowl	12/255G	\$ 56.60		-9.84%	62.78		Decrease
0-42272-90128-9	AMY069	Amy's Kitchen	Pizza - 4 Cheese	8/340G	\$ 54.32		-8.09%	59.1		Decrease
0-42272-91140-0	AMY075	Amy's Kitchen	PIZZA - Barbeque Pizza	8/402G	\$ 63.05		-8.17%	68.66		Decrease
0-42272-90352-8	AMY086	Amy's Kitchen	Gluten Free Burritos & Wraps - Bean & Rice Burrito	12/156G	\$ 36.14		-8.74%	39.6		Decrease
0-42272-90582-9	AMY090	Amy's Kitchen	Soup, Low Sodium - Lentil Vegetable	12/398ML	\$ 36.53		-4.20%	38.13		Decrease
0-42272-90584-3	AMY091	Amy's Kitchen	Soup, Low Sodium - Split Pea	12/398ML	\$ 36.53		-4.20%	38.13		Decrease
0-42272-90586-7	AMY092	Amy's Kitchen	Soup, Low Sodium - Tomato Bisque	12/398ML	\$ 43.06		-4.23%	44.96		Decrease
0-42272-90583-6	AMY093	Amy's Kitchen	Soup, Low Sodium - Lentil	12/398ML	\$ 36.53		-4.20%	38.13		Decrease
0-42272-90585-0	AMY094	Amy's Kitchen	Soup, Low Sodium - Minestrone	12/398ML	\$ 36.53		-4.20%	38.13		Decrease
0-42272-90540-9	AMY095	Amy's Kitchen	Soup - Chunky Vegetable	12/398ML	\$ 42.36		-4.25%	44.24		Decrease
0-42272-90547-8	AMY096	Amy's Kitchen	Soup, Premium - Fire Roasted SW Veg	12/398ML	\$ 45.57		-4.26%	47.6		Decrease
0-42272-90740-3	AMY097	Amy's Kitchen	- Carrot Ginger Soup	12/398ML	\$ 42.18		-4.66%	44.24		Decrease
0-42272-90502-7	AMY100	Amy's Kitchen	Soup - Lentil	12/398ML	\$ 36.84		-4.16%	38.44		Decrease
0-42272-90506-5	AMY103	Amy's Kitchen	Soup, Premium - Cream of Mushroom	12/398ML	\$ 43.59		-4.24%	45.52		Decrease
0-42272-90501-0	AMY104	Amy's Kitchen	Soup - Cream of Tomato	12/398ML	\$ 36.84		-4.16%	38.44		Decrease
0-42272-90504-1	AMY105	Amy's Kitchen	Soup, Premium - Black Bean Vegetable	12/398ML	\$ 44.83		-4.23%	46.81		Decrease
0-42272-90505-8	AMY106	Amy's Kitchen	Soup - Split Pea	12/398ML	\$ 37.88		-4.17%	39.53		Decrease
0-42272-90508-9	AMY107	Amy's Kitchen	Soup - Vegetable Barley	12/398ML	\$ 37.88		-4.17%	39.53		Decrease
0-42272-90591-1	AMY108	Amy's Kitchen	Soup, Premium - French Country Vegetable	12/398ML	\$ 46.89		-4.27%	48.98		Decrease
0-42272-90519-5	AMY109	Amy's Kitchen	Soup, Premium - Tuscan Bean and Rice	12/398ML	\$ 48.22		-4.27%	50.37		Decrease
0-42272-90503-4	AMY301	Amy's Kitchen	Soup - No Chicken Noodle	12/398ML	\$ 36.84		-4.16%	38.44		Decrease
0-42272-90514-0	AMY302	Amy's Kitchen	Soup - Alphabet	12/398ML	\$ 37.88		-4.17%	39.53		Decrease
0-42272-90534-8	AMY303	Amy's Kitchen	Soup - Butternut Squash	12/398ML	\$ 36.84		-4.16%	38.44		Decrease
0-42272-90535-5	AMY304	Amy's Kitchen	Soup - Lentil Vegetable	12/398ML	\$ 37.88		-4.17%	39.53		Decrease
0-42272-90536-2	AMY305	Amy's Kitchen	Soup - Tomato Bisque	12/398ML	\$ 42.36		-4.25%	44.24		Decrease
0-42272-90593-5	AMY310	Amy's Kitchen	Soup - Golden Lentil Dal	12/398ML	\$ 43.53		-4.25%	45.46		Decrease
0-42272-90626-0	AMY311	Amy's Kitchen	Soup - Mushroom Bisque w/Porcini	12/397ML	\$ 42.36		-4.25%	44.24		Decrease
0-42272-90669-7	AMY312	Amy's Kitchen	Soup - Quinoa, Kale & Red Lentil (Vegan)	12/398ML	\$ 42.36		-4.25%	44.24		Decrease
0-39978-33953-9	BOB208	Bob's Red Mill	- ORGANIC OATS ROLLED QUICK	4/454G	\$ 11.99		-34.91%	18.42		Decrease
8-51107-00341-4	BDK001	Brew Dr.	Raw Kombucha, in glass bottle - Full Cases Only - Brew Dr. Citrus Hop Kombucha	12/414ML	\$ 39.15		-10.72%	43.85		Decrease
8-51107-00300-1	BDK002	Brew Dr.	Raw Kombucha, in glass bottle - Full Cases Only - Brew Dr. Clear Mind Kombucha	12/414ML	\$ 39.15		-10.72%	43.85		Decrease
8-51107-00304-9	BDK004	Brew Dr.	Raw Kombucha, in glass bottle - Full Cases Only - Brew Dr. Lemon Ginger Kombucha	12/414ML	\$ 39.15		-10.72%	43.85		Decrease
8-51107-00307-0	BDK005	Brew Dr.	Raw Kombucha, in glass bottle - Full Cases Only - Brew Dr. Love Kombucha	12/414ML	\$ 39.15		-10.72%	43.85		Decrease
8-51107-00302-5	BDK006	Brew Dr.	Raw Kombucha, in glass bottle - Full Cases Only - Brew Dr. Herbal Uplift	12/414ML	\$ 39.15		-10.72%	43.85		Decrease
8-51107-00305-6	BDK007	Brew Dr.	Raw Kombucha, in glass bottle - Full Cases Only - Brew Dr. Spiced Apple Kombucha	12/414ML	\$ 39.15		-10.72%	43.85		Decrease
8-51107-00303-2	BDK008	Brew Dr.	Raw Kombucha, in glass bottle - Full Cases Only - Brew Dr. Superberry Kombucha	12/414ML	\$ 39.15		-10.72%	43.85		Decrease
8-51107-00301-8	BDK009	Brew Dr.	Raw Kombucha, in glass bottle - Full Cases Only - Brew Dr. Happiness	12/414ML	\$ 39.15		-10.72%	43.85		Decrease
8-51107-00362-9	BDK010	Brew Dr.	RAW KOMBUCHA, IN GLASS BOTTLE - Ginger Turmeric	12/414ML	\$ 39.15		-10.72%	43.85		Decrease
8-51107-00374-2	BDK012	Brew Dr.	RAW KOMBUCHA, IN GLASS BOTTLE - Mint Lemonade	12/414ML	\$ 39.15		-10.72%	43.85		Decrease
8-51107-00315-5	BDK013	Brew Dr.	RAW KOMBUCHA, IN GLASS BOTTLE - Vanilla Oak (Winter Seasonal)	12/414ML	\$ 39.15		-10.72%	43.85		Decrease
8-51107-00315-5	BDK014	Brew Dr.	- Strawberry Basil Kombucha	12/414ML	\$ 39.15		-10.72%	43.85		Decrease
8-51107-00315-5	BDK015	Brew Dr.	- Brew Dr. Kombucha - Apricot	12/414ML	\$ 39.15		-10.72%	43.85		Decrease
8-51107-00369-8	BDK050	Brew Dr.	- Clear Mind Kombucha- 946 ml	6/946ML	\$ 39.32		-3.20%	40.62		Decrease
8-51107-00370-4	BDK051	Brew Dr.	- GingerTurmeric Kombucha946 ml	6/946ML	\$ 39.32		-3.20%	40.62		Decrease
8-51107-00371-1	BDK052	Brew Dr.	- Love Kombucha - 946 ml	6/946ML	\$ 39.32		-10.92%	44.14		Decrease
8-51107-00383-4	BDK053	Brew Dr.	- Strawberry Basil Kombucha 946 ml	6/946ML	\$ 39.32		-11.88%	44.62		Decrease
0-23923-10038-1	EBS060	Earth's Best	Infant Formula, Organic, w/Iron, Omega 3 & 6 - Milk-based	6/658G	\$ 198.73		12.02%	177.4		Increase
0-23923-10039-8	EBS051	Earth's Best	Infant Formula, Organic, w/Iron, Omega 3 & 6 - Soy-based	6/658G	\$ 198.73		12.02%	177.4		Increase
7-69562-05221-5	EBS201	Earth's Best	Tendercare Disposable Diapers - No chlorine, latex, dye or perfume - Size 1, 8-14 lbs	4/66CT	\$ 80.57		0.96%	79.8		Increase
7-69562-06221-4	EBS202	Earth's Best	Tendercare Disposable Diapers - No chlorine, latex, dye or perfume - Size 2, 12-18 lbs	4/48CT	\$ 80.57		0.96%	79.8		Increase
7-69562-07221-3	EBS203	Earth's Best	Tendercare Disposable Diapers - No chlorine, latex, dye or perfume - Size 3, 16-28 lbs	4/40CT	\$ 80.57		0.96%	79.8		Increase
7-69562-08221-2	EBS204	Earth's Best	Tendercare Disposable Diapers - No chlorine, latex, dye or perfume - Size 4, 22-37 lbs	4/34CT	\$ 80.57		0.98%	79.79		Increase
7-69562-09221-1	EBS205	Earth's Best	Tendercare Disposable Diapers - No chlorine, latex, dye or perfume - Size 5, 27+ lbs	4/30CT	\$ 80.57		0.98%	79.79		Increase
0-24182-00393-2	EDN130	Eden Foods	- Black Sesame Butter, Organic	12/454G	\$ 102.46		11.89%	91.57		Increase



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0-24182-00392-5	EDN131	Eden Foods	- Roasted Tahini, Organic	12/454G	\$ 98.92		-2.32%	101.27		Decrease
8-34633-00002-7	FIR002	First Foods Organics	Infant Cereals, Whole Grain - Oatmeal	6/227G	\$ 29.98		9.46%	27.39		Increase
8-34633-00003-4	FIR003	First Foods Organics	Infant Cereals, Whole Grain - Multi Grain	6/227G	\$ 29.98		9.46%	27.39		Increase
7-22430-00017-6	GTS001	GT's	Kombucha, in glass - Raw - Full Cases Only - Original	12/480ML	\$ 40.56		-7.57%	43.88		Decrease
7-22430-10017-3	GTS002	GT's	Kombucha, in glass - Raw - Full Cases Only - Citrus	12/480ML	\$ 40.56		-7.57%	43.88		Decrease
7-22430-20017-0	GTS003	GT's	Kombucha, in glass - Raw - Full Cases Only - Gingerade	12/480ML	\$ 40.56		-7.57%	43.88		Decrease
7-22430-14017-9	GTS004	GT's	Kombucha, in glass - Raw - Full Cases Only - Multi-Green	12/480ML	\$ 40.56		-7.57%	43.88		Decrease
7-22430-23017-7	GTS005	GT's	Kombucha, in glass - Raw - Full Cases Only - Third Eye Chai	12/480ML	\$ 40.56		-7.57%	43.88		Decrease
7-22430-30017-7	GTS011	GT's	Kombucha, in glass - Full Cases Only (Unavailable in the Maritime Provinces) - Synergy Cosmic Cranberry	12/480ML	\$ 40.56		-7.57%	43.88		Decrease
7-22430-60017-8	GTS012	GT's	Kombucha, in glass - Full Cases Only (Unavailable in the Maritime Provinces) - Synergy Gingerberry	12/480ML	\$ 40.56		-7.57%	43.88		Decrease
7-22430-90017-9	GTS013	GT's	Kombucha, in glass - Full Cases Only (Unavailable in the Maritime Provinces) - Synergy Guava Goddess	12/480ML	\$ 40.56		-7.57%	43.88		Decrease
7-22430-80017-2	GTS014	GT's	Kombucha, in glass - Full Cases Only (Unavailable in the Maritime Provinces) - Synergy Divine Grape	12/480ML	\$ 40.56		-7.57%	43.88		Decrease
7-22430-24017-6	GTS016	GT's	Kombucha, in glass - Full Cases Only (Unavailable in the Maritime Provinces) - Synergy Maqui Mojito	12/480ML	\$ 40.56		-7.57%	43.88		Decrease
7-22430-11017-2	GTS018	GT's	Kombucha, in glass - Full Cases Only (Unavailable in the Maritime Provinces) - Synergy Trilogy	12/480ML	\$ 40.56		-7.57%	43.88		Decrease
7-22430-20047-7	GTS020	GT's	KOMBUCHA - Gingerade	6/1.4L	\$ 50.00		-7.36%	53.97		Decrease
7-22430-00047-3	GTS022	GT's	KOMBUCHA - Original	6/1.4L	\$ 50.00		-7.37%	53.98		Decrease
7-22430-29017-1	GTS024	GT's	KOMBUCHA - Cayennade	12/480ML	\$ 40.56		-7.57%	43.88		Decrease
7-22430-31017-6	GTS025	GT's	KOMBUCHA - Heart Beet	12/480ML	\$ 40.56		-7.57%	43.88		Decrease
7-22430-32017-5	GTS026	GT's	KOMBUCHA - Tantric Turmeric	12/480ML	\$ 40.56		-0.02%	40.57		Decrease
7-22430-00117-3	GTS050	GT's	- Living in Gratitude Fall Edition	12/480ML	\$ 40.56		-7.57%	43.88		Decrease
6-23612-00063-5	SNA210	Honeybar	Natural Bars - Full Cases Only - Snackbar Lemon Sesame	15/40G	\$ 15.86		10.99%	14.29		Increase
6-23612-00064-2	SNA211	Honeybar	Natural Bars - Full Cases Only - Snackbar Peanut Butter and Jam	15/40G	\$ 15.86		10.99%	14.29		Increase
6-23612-00067-3	SNA212	Honeybar	Natural Bars - Full Cases Only - Snackbar Quinoa & Cranberry	15/40G	\$ 15.86		10.99%	14.29		Increase
6-23612-00065-9	SNA213	Honeybar	Natural Bars - Full Cases Only - Snackbar Sweet & Salty	15/40G	\$ 15.86		10.99%	14.29		Increase
6-23612-00066-6	SNA214	Honeybar	Natural Bars - Full Cases Only - Snackbar Trail Mix	15/40G	\$ 15.86		10.99%	14.29		Increase
7-78177-49960-5	ANC212	L'Ancetre	- Organic Swiss Emmental	8/200G	\$ 43.62		15.00%	37.93		Increase
0-43182-09869-4	NAF201	Native Forest	YOUNG JACKFRUIT - Young Jackfruit	6/6.1LBs	\$ 91.99		6.47%	86.4		Increase
0-58449-18204-7	NAT200	Nature's Path	LOVE CRUNCH GRANOLA - Dark Chocolate Macaroon	6/700G	\$ 52.60		3.69%	50.73		Increase
0-58449-18203-0	NAT201	Nature's Path	LOVE CRUNCH GRANOLA - Dark Chocolate & Red Berries	6/700G	\$ 52.60		3.69%	50.73		Increase
0-62325-01111-6	MEA001	Organic Meadow	Butter, Cultured - Butter, Unsalted	15/454G	\$ 153.51		2.85%	149.25		Increase
0-62325-01116-1	MEA004	Organic Meadow	Butter, Cultured - Butter, Salted	15/454G	\$ 153.51		2.85%	149.25		Increase
0-62325-75020-6	MEA005	Organic Meadow	Yogurt - Full Cases Only - Periodic Ongoing Shortage by Vendor - 2% MF	6/750G	\$ 26.23		1.43%	25.86		Increase
0-62325-50715-2	MEA008	Organic Meadow	Yogurt - Full Cases Only - Periodic Ongoing Shortage by Vendor - 3.8% MF	6/750G	\$ 26.23		1.43%	25.86		Increase
0-62325-50200-3	MEA009	Organic Meadow	Sour Cream - Full or Half Cases Only - Periodic Ongoing Shortage by Vendor - 14% MF Sour Cream	6/500G	\$ 26.80		11.99%	23.93		Increase
0-62325-50002-3	MEA106	Organic Meadow	Cottage Cheese - Periodic Ongoing Shortage by Vendor - Cottage Cheese (2% MF)	6/500G	\$ 35.49		2.51%	34.62		Increase
0-25293-60071-3	WHI007	Silk	Silk Soy Beverages - Non-GMO Verified - Original	6/1.89L	\$ 27.17		5.15%	25.84		Increase
0-25293-60076-8	WHI010	Silk	Silk Soy Beverage for Coffee - Made w/Whole Soybeans - Non-GMO Verified - Creamer, Original - For Coffee	12/473ML	\$ 30.67		15.00%	26.67		Increase
0-25293-00073-5	WHI011	Silk	Silk Soy Beverages - Non-GMO Verified - Unsweetened	6/1.89L	\$ 27.17		5.15%	25.84		Increase
0-25293-00100-8	WHI013	Silk	Silk Almond Beverage - Non-GMO Verified - Original	6/1.89L	\$ 28.92		5.16%	27.5		Increase
0-25293-00135-0	WHI015	Silk	Silk Almond Beverage - Non-GMO Verified - Dark Chocolate	6/1.89L	\$ 28.92		5.16%	27.5		Increase
0-25293-00150-3	WHI016	Silk	Silk Almond Beverage - Non-GMO Verified - Original, Unsweetened	6/1.89L	\$ 28.92		5.16%	27.5		Increase
0-25293-00152-7	WHI017	Silk	Silk Coconut Beverage - Non-GMO Verified - Original	6/1.89L	\$ 28.92		5.16%	27.5		Increase
0-25293-00168-8	WHI018	Silk	Silk Almond Beverage - Non-GMO Verified - Vanilla	6/1.89L	\$ 28.92		5.16%	27.5		Increase
0-25293-00188-6	WHI019	Silk	Silk Almond Beverage - Non-GMO Verified - Vanilla, Unsweetened	6/1.89L	\$ 28.92		5.16%	27.5		Increase
0-25293-00244-9	WHI030	Silk	Silk Coconut Beverage - Non-GMO Verified - Unsweetened	6/1.89L	\$ 28.92		5.16%	27.5		Increase
0-25293-00297-5	WHI050	Silk	Silk Creamy Cashew Beverage - Non-GMO Verified, Soy-free - Original	6/1.89L	\$ 28.92		5.16%	27.5		Increase
0-25293-00263-0	WHI060	Silk	Silk Almond for Coffee - Non-GMO Verified, Soy-free - Vanilla	12/473ML	\$ 30.67		15.00%	26.67		Increase
2-52930-00388-0	WHI061	Silk	Silk Almond for Coffee - Non-GMO Verified, Soy-free - Hazelnut - New	12/475ML	\$ 30.67		15.00%	26.67		Increase
0-25293-00401-6	WHI062	Silk	Silk Coconut for Coffee - Non-GMO Verified, Soy-free - Original - New	12/473ML	\$ 30.67		15.00%	26.67		Increase
0-25293-00402-3	WHI063	Silk	Silk Coconut for Coffee - Non-GMO Verified, Soy-free - Vanilla - New	12/475ML	\$ 30.67		15.00%	26.67		Increase
0-25293-00298-2	WHI070	Silk	Silk Creamy Cashew Beverage - Non-GMO Verified, Soy-free - Unsweetened	6/1.89L	\$ 28.92		5.16%	27.5		Increase