

Ontario Natural Food Company

September 2018 Buying Club Late Breaking

New Lower Pricing!							
Prices subject to change without notice. Prices apply to FULL CASES only unless where noted.							
B=biodegradable C=Canadian company ct=count CSD=case stack deal D=dairy free F=frozen Gf=gluten free G=GST H=HST(harmonized sales tax) K=kosher M&M=mix & match NG=Non-GMO Project Verified NS=Nova Scotia deposit fee O=certified organic R=refrigerated T=Fair Trade W=wheat free							
Tax F/R	Qty	Code	Description	Size	*Sngl	Case	Order

August 31st, 2018

LAUNCH CANCELLED / RE-LAUNCH

• **Launch cancelled**

FARMHOUSE CULTURE

Gut Punch - Sparkling Probiotic - Vegan

H	R	GIO	FRM030 <i>Cola - New</i>	12 / 355 ml	45.77				
H	R	GIO	FRM031 <i>Ginger Lemon - New</i>	12 / 355 ml	45.77				
H	R	GIO	FRM032 <i>Mango Guava - New</i>	12 / 355 ml	45.77				
H	R	GIO	FRM033 <i>Strawberry Hibiscus - New</i>	12 / 355 ml	45.77				

• **Re-Launch**

FOUR O'CLOCK

• **Herbalist Teas**

Cold (no caffeine)

	ck	FCL340	All-In-One Cold & Cough (Day)	6 / 20 ct	27.57				
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MORNINGTON DAIRY CO-OP

Milk, Goat, in bags

R	C		MRG030 <i>2% Bag - New</i>	3 / 4 L	9.69	29.05			
R	C		MRG031 <i>3.25% Bag - New</i>	3 / 4 L	9.69	29.05			

Milk, Goat, in gable top cartons

R	C		MRG023 <i>2% Carton - New</i>	8 / 1 L	2.72	21.76			
R	C		MRG024 <i>3.25% Carton - New</i>	8 / 1 L	2.72	21.76			

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Price Change

THINK!

High Protein Bar - Non-GMO Ingredients

H	GfK	TIK001	Brownie Crunch - New	10 / 60 g	20.75	<input style="width: 100%; height: 15px;" type="text"/>
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SUB CODES

L'ANCÊTRE

Cheese Portions, Organic, 21 grams

R	CO	CHE173	Emmental Swiss, *RM	12 / 200 g	5.99	66.92	sub w/ANC212				
R	CO	CHE165	Frugal 7% MF, *L	14 / 200 g	5.68	74.08	sub w/ANC213				
R	CO	ANC212	Swiss Emmental - New	8 / 200 g	4.74	37.93					
R	CO	ANC213	Frugal - New	8 / 200 g	5.25	42.02					

Cheese, Organic

R	CO	ANC113	Marble Cheddar	14 / 200 g	5.72	74.79	sub w/ANC217				
R	CO	CHE167	Mozzarella 15% MF, *L	14 / 200 g	5.64	73.53	sub w/ANC214				
R	CO	ANC115	Mozzarella 20% MF	14 / 200 g	5.27	68.82	sub w/ANC215				
R	CO	CHE171	Parmesan - Block, *L, *RM	14 / 200 g	7.29	95.13	sub w/ANC216				
R	CO	ANC214	Mozzarella 15% - New	8 / 200 g	5.21	41.70					
R	CO	ANC215	Mozzarella 20% - New	8 / 200 g	4.94	39.55					
R	CO	ANC216	Parmesan - New	8 / 200 g	6.76	54.05					
R	CO	ANC217	Marble Cheddar - New	8 / 200 g	5.30	42.44					

Cheddar Cheese, Organic, Raw Milk (L= Lactose-free, RM = Raw Milk)

R	CO	ANC020	1 Year Old, *L, *RM	14 / 200 g	5.73	77.03	sub w/ANC200				
R	CO	ANC021	2 Year Old, *L, *RM	14 / 200 g	6.07	81.53	sub w/ANC201				
R	CO	ANC022	3 Year Old, *L, *RM	14 / 200 g	6.40	85.98	sub w/ANC201				
R	CO	ANC118	Le Boucane, Double Wood Smoked, L*	14 / 190 g	6.40	83.61	sub w/ANC211				
R	CO	ANC109	Extra Sharp, *L, *RM	14 / 200 g	6.24	81.53	sub w/ANC203				
R	CO	ANC080	Le St-Grégoire, Half-Salt	14 / 200 g	5.46	73.35	sub w/ANC207				
R	CO	ANC071	Light Medium, *RM	14 / 200 g	5.80	77.95	sub w/ANC204				
R	CO	ANC070	Light Mild, 40% less fat, *L	14 / 200 g	5.73	77.05	sub w/ANC205				
R	CO	ANC072	Light Old Cheddar, 40% less fat, *L	14 / 200 g	5.92	79.53	sub w/ANC206				
R	CO	CHE155	Medium, *L, *RM	14 / 200 g	5.81	75.81	sub w/ANC208				
R	CO	CHE151	Mild, *RM	14 / 200 g	5.76	75.11	sub w/ANC209				
R	CO	CHE160	Old, *L, *RM	14 / 200 g	5.99	78.08	sub w/ANC210				
R	CO	ANC200	1 year old Cheddar - New	8 / 200 g	5.46	43.72					
R	CO	ANC201	2 years old Cheddar - New	8 / 200 g	5.79	46.29					
R	CO	ANC202	3 years old Cheddar - New	8 / 200 g	6.10	48.82					
R	CO	ANC203	Extra Sharp Cheddar - New	8 / 200 g	5.79	46.29					
R	CO	ANC204	Light Medium Cheddar - New	8 / 200 g	5.53	44.24					
R	CO	ANC205	Light Mild Cheddar - New	8 / 200 g	5.47	43.73					
R	CO	ANC206	Light Old Cheddar - New	8 / 200 g	5.64	45.14					
R	CO	ANC207	Low Salt Cheddar (St-Gregoire) - New	8 / 200 g	5.20	41.61					
R	CO	ANC208	Medium Cheddar - New	8 / 200 g	5.38	43.01					
R	CO	ANC209	Mild Cheddar - New	8 / 200 g	5.33	42.60					
R	CO	ANC210	Old Cheddar - New	8 / 200 g	5.54	44.31					
R	CO	ANC211	Smoked Cheddar (Le Boucane) - New	8 / 190 g	5.93	47.48					

BOB'S RED MILL

• Baking - Full Cases Only

Flour

KGf	BOB036	Paleo Baking Flour	4 / 453 g	51.15	sub w/BOB186					
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Gluten Free Flour, Resealable Package

GfKW	BOB186	Paleo Baking Flour - New	4 / 454 g	52.69						
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SUB CODES

OSKRI

Coconut Bars - Full Cases Only

H	GfK	SKR016	Dark Chocolate	20 / 53 g		54.86	sub w/SKR015				
H	GfKO	SKR015	Dark Chocolate - New	20 / 53 g		46.03					
H	GfK	SKR042	Original	20 / 53 g		41.14	sub w/SKR017				
H	GfKO	SKR017	Original - New	20 / 53 g		46.03					

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SIZE / UPC / CATEGORY / DESCRIPTION / WEBSITE CHANGE

• **Size**

BOB'S RED MILL

• **Baking - Full Cases Only**

Baking Aid

GfK	BOB107	Arrowroot Starch Flour	4 / 454 g	23.15					
GfK	BOB108	Baking Powder	6 / 397 g	21.76					
GfK	BOB109	Baking Soda	6 / 454 g	16.95					
GfK	BOB113	Nutritional Yeast	6 / 142 g	36.17					
K	BOB115	Sea Salt	6 / 567 g	9.23					

• **Website**

TRADITIONAL MEDICINALS

Formulated according to Traditional Herbal Medicine (THM). For more information visit ca.traditionalmedicinals.com